

# WHAT TO EXPECT AFTER YOUR COVID-19 TEST

## THANK YOU FOR TRUSTING BAPTIST WITH YOUR CARE!

Because of the increase in COVID-19 cases and testing throughout our community, your test results may not be ready for 6-7 days. Your results will be posted in MyChart as soon as they are ready, so that's the fastest way to get them. You won't need to call anyone or wait for someone to call you. If you already have a MyChart account, you'll get an alert when your results are ready, or you can check the "Test Results" section on the MyChart app or at [mychart.baptistonline.org](http://mychart.baptistonline.org). Instructions for creating a MyChart account are at the bottom of this page.

Your stable condition does not require hospitalization. **Until you are notified of the test results, please read and follow the important instructions below:**

- Stay at home and isolate yourself from your family, friends, co-workers and others until the results of your test are known. You may be contagious.
- Stay in a separate room/bedroom or at least 6 feet away from others.
- Wash your hands often.
- Cover your cough/sneeze with a tissue, then discard the tissue and wash your hands.
- Don't touch your eyes, nose, or mouth.
- Clean and disinfect high-touch surfaces often.
- Monitor your symptoms.
- Notify your physician if your fever, sore throat, cough or shortness of breath worsens.
- Call 911 for emergencies; tell the operator about your symptoms and that you're waiting for COVID-19 test results.
- If you have questions, please call our 24/7, toll-free Coronavirus Resource Center hotline at 866-941-4785 or visit [baptistonline.org/coronavirus](http://baptistonline.org/coronavirus).

### IF YOU TEST POSITIVE FOR COVID-19



- A representative from Baptist will contact you with the results of your test.
- If your symptoms are mild to moderate, please stay home, self-quarantine and continue following the above precautions.
- If your symptoms are severe enough, we will admit you to the hospital, isolate you from other patients and treat your symptoms.
- We will report your results to the state health department.
- **Continue to self-quarantine until either your health care provider, a representative from Baptist or the local health department notifies you that it is safe to stop.**

### IF YOU TEST NEGATIVE FOR COVID-19



- Please continue to monitor your symptoms and follow up with your primary care physician if your symptoms worsen.
- Be aware that you may have another respiratory viral illness (flu, etc.), and you may be contagious. Be considerate of others and follow the above precautions.
- Please be aware that if your test result is negative it does not ensure that you will not contract COVID-19 at a later date.
- If you have traveled to a Level 3 classified country, have been exposed to a person who has COVID-19 or been exposed to a person who is suspected of having COVID-19, please continue to remain at home and self-quarantine for 14 days. Please visit [cdc.gov/travel](http://cdc.gov/travel) for a list of Level 3 classified countries.
- If you have additional questions, or if your symptoms worsen and you don't have a primary care physician, call our 24/7, toll-free Coronavirus Resource Center hotline, 866-941-4785.

### GETTING YOUR TEST RESULTS ON MYCHART

The most convenient way to get your results is through Baptist OneCare® MyChart, which offers personalized and secure online access to your medical records.\* If you test negative, you will likely see it in MyChart before someone calls you. If you have downloaded the MyChart app, you will receive an alert when the results have been entered. You can also check the "Test Results" section of MyChart on the app or at [mychart.baptistonline.org](http://mychart.baptistonline.org).

\*To create a MyChart account, go to [mychart.baptistonecare.org](http://mychart.baptistonecare.org). After creating an account, you can download the MyChart app on the Apple App Store or Google Play. You may also request proxy access for a child or adult in your care. To request proxy access, please ask your nurse or someone at the front desk for a Patient Authorization for Proxy Access form.



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